

**Policy:**

Palmer's Home Care, LLC strives to be a restraint-free agency unless an individual's ISP has a specific, detailed plan that calls for the use of restraint or the risk of not restraining is greater to the individual than restraint.

Individuals are integrated into and supported in accessing the greater community to the extent allowed by medical needs and personal choice.

Individuals have choice about where they live and who they live with.

Individuals have the right to choose what food they want to eat and to have food available anytime they want to eat.

**Comments:**

All individuals supported by Palmer's Home Care, LLC will have private bedrooms in their homes that they choose the decoration for within guidelines of landlord/lease and will be in settings that are physically accessible to them.

Palmer's Home Care, LLC strives to be a restraint-free agency unless an individual's ISP has a specific, detailed plan that calls for the use of restraint or the risk of not restraining is greater to the individual than restraint. If an individual has a history of aggression, or has Behavior Management written into their plan, then only staff that are trained in CPI will work in the home or with the client. ONLY staff who have been trained and are up to date on CPI training will engage in restraint of any kind of any individual. Otherwise, staff will call 911 if there is imminent risk to the safety of individuals or those surrounding them and follow directions given by dispatcher.

All employees receive training regarding positive behavior supports and CPI. If a situation does occur where an individual is a danger to themselves or anyone around them including staff or community members, staff would be expected to use their training from CPI and call 911 for assistance, if the situation warrants this.

**Approved by:** \_\_\_\_\_

**Robert Palmer, RN, BSN, Owner PHC**